

# Terry Home Insider

Fall, 2004

138 Third Avenue S. W., Pacific, WA 98047

## Terry Home Needs-



The Holidays are quickly arriving. In this time of season for giving, think about giving to your local charities in your organizations' or employees' names. You and your employees may find it more rewarding than that can of popcorn or box of chocolates.

Or make it even more meaningful by bringing your employees to Terry Home to present your gifts, to get to know the residents, to spend time with them, maybe even to fix something around the facility. It could be a day outing – call it teamwork and giving back to the community day. We could even do pictures and include them in our next newsletter. Give our Administrator a call, if you would like to do this.

Other things Terry Home could greatly use are as follows:

- Gift Certificates to home improvement centers; i.e., Lowes Hardware, Home Depot)
- Gift Certificates to: Fred Meyers, Sam's Club, Costco, and Albertsons.
- Fun Fund --- We are always looking for cash donations to be made specifically to our Fun Fund. We use this money to take the residents to special events such as dinner, lunch, Emerald Downs, fairs, fun centers, etc. If you would like to contribute to the Fun Fund, please specify that on your check or envelope.
- Kitchen knife set

- Pot holders
- Shower Curtains heavy duty neutral color
- Shower Mats
- Plastic Garbage Cans – Small
- Tools: Ratchet set, Pliers, Screwdrivers, etc.
- Tupperware containers
- Large plastic storage containers 18 X 24 for Christmas deco storage, etc.
- Office Supplies: Printer cartridges HP 72 color, HP15 B/W
- Batteries: AA, AAA, D, etc.
- Band-Aids – all sizes

We are always looking for volunteers to spend time with the residents or to do yard work ☺. Time can be spent playing games or teaching them whatever craft or skill you would like to share. Please contact our Administrator at 253-288-0135.

Thank you for whatever support you can give the Terry Home residents.



## Spotlight

A lot of changes have happened at Terry Home since our last newsletter. We've been trying to spruce up the facility and just recently had new floor covering installed in the kitchen and dining area (See picture on the back page.). Plans are in the works for additional flooring in the bathrooms.

A more significant change has been our new administrator. Bob Acosta joined us as our Terry Home Administrator in July, 2004. In this position, Bob oversees the daily operations and functions of Terry Home; he encourages the staff

and ensures the residents get the care they need.



Bob was born in Puerto Rico, moved to New York City and then basically all over the U. S. He and his wife moved to the Northwest in 1999. He is a graduate of Southeastern College in Florida and he has been to South America a couple of times to build churches. He has four children and has had two children in the Navy. Bob enjoys watching sports on TV especially football and baseball; he enjoys fishing but never has the time to go and he enjoys classic cars.

Bob has several things that he enjoys about his job. He enjoys the residents and the fact that he is doing something where he can see results right away. When you tell a joke and the residents give you a smile, you know you are lighting up their day. Sometimes in the real world people look at someone in a wheelchair and don't pay any attention to them. The staff likes working with the residents. It's not just a job to them; it's something that they want to be doing. The job is not just the job, it's the people.

In looking toward the future, Bob would like to refurbish the home as needed to esthetically get it back to where it was when we first began. Bob would like to see the computers upgraded and would like to bring the therapy area up to date with more usable equipment.

His words he lives by: Let your heart and your conscience guide your way and not be afraid to try anything new. (He says that's why they moved so much.) Welcome to Terry Home, Bob!

Another change at Terry Home is the hiring of a new Therapy Director, Suzan Douglass. Suzan just started October 25, 2004 and in her position she provides physical therapy for the residents as designed by each resident's home health therapist at Good Samaritan Rehab Center.

Suzan grew up in Southern California and moved to the Northwest in 1980. She has an Associates Degree in Nutrition and a BA in dance. Suzan is a certified yoga instructor and teaches ballet, tap, jazz and yoga at the Auburn Parks and Auburn YMCA. She enjoys hiking, camping, crafts, music and in her spare time, she is enrolled in a physical therapist class and hopes to become licensed at some point. Her favorite band is "Yes."



What Suzan likes most about Terry Home is an atmosphere that is not so rigid. It feels more like home and not a job. She likes helping people where she can feel like part of the group rather than some who just comes in and does things.

Suzan wishes she could do more for the residents. She would like to see better computers and better and more appropriate exercise equipment at Terry Home.

Suzan is a firm believer in alternative medicine and holistic healing and tries to work some of these concepts into therapy with the residents such as yoga, music, and aroma therapy, etc. She has also started a "word for the day" which she calls vocabulary therapy. It stimulates conversation, she says. Suzan also feels that

listening and talking with the residents is also a big part of her job.

Suzan says she likes helping people which is why she's doing what she's doing. Thank you, Suzan for helping our residents as much as you can.



("Bill" in therapy with Suzan.)



("Jason" in therapy in his room.)



Our Show and Shine this year was a huge success! We, once again, broke a record by raising close to \$10,000. Even though we only had around 140 vehicles that registered, there were many more in attendance. Our Show and Shine is becoming more and more recognized each year.

We want to express a very heartfelt thank you to our sponsors for the Show: Acorn Custom Cabinets and NC Machinery Co. – Caterpillar. Thank you for your support for our residents.

Thank you, once again, to all the many volunteers who helped to make this a successful fundraising project for us. We appreciate you all very much. These events wouldn't be possible if it weren't for your willingness to donate your time and money.

Next year, we will again be looking for sponsors for the Show and Shine which is scheduled for May 22, 2005. This could be an organization, business or individual that would donate a substantial amount in exchange for our advertising their name. Please let us know right away if you or someone you know might be interested in this as we'll begin planning the next Show some time in January.

## Other Fundraising

We are currently in the early planning stages for our next Celebrity Auction. We expect it will be held next October or November, 2005. Please be looking for more information regarding this big event and plan to attend.

# Thank YOU!

Thank you to everyone who donated time, items or monetary amounts since our last newsletter. We appreciate you all.

Memorials: In memory of LaVaughn Harms (distant cousin of Terry) – Lois May & family, Eugene & Myla Montgomery, Mary Norman. In memory of Junior Norman (father of Terry) – Lois May & family, Mary Norman, Eugene & Myla Montgomery. In memory of Helen Holtrop (cousin of Terry) – Lois May.

Geoffrey & Mary Wold, United Way, Bonnie Williams, Virginia Nunner, Jerry & Marilyn Nelson, Computer Software Innovations, Marilyn

Wilson, Puget Sound West IAAO, Del & Jen Wildefeuer, Lois May, Todd & Tami Sampson, Brian & Brenda Howard, Ray & Dawn Rutzen, Eugene & Myla Montgomery, Esther Stacie, Stan & Jacquelyn Johnson, Superior Insurance, Rick & Amy Thibodeau, Lake Sawyer Christian Church, Jim & Vince Manka, WCRA, Muckleshoot Charity Fund, Bill & Mary Hartley, St. Stephan the Martyr Church, Katherine Anne Matsen, George Rivere, Gig Harbor United Methodist Church, Tacoma Model "T" Club, Tulalip Charity Fund, Edgewood Grange, Tim & Joanne Norman, Jeff & Elizabeth Klein, Darlene Van Rooy,

(Our new kitchen floor, thanks to your donations!)



**138 Third Avenue S. W.  
Pacific, WA 98047**

## **OUR MISSION**

**Terry Home, Inc. is a non-profit facility designed to provide long-term care to young adults (18 – 45) who have suffered a traumatic brain injury. The mission of Terry Home is to promote purpose, privacy, and independence for each person in a comfortable home-like atmosphere.**

For more information on any of the previously mentioned items or if you would like a tour of Terry Home, please call us at 253-288-0135 or write to us at 138 Third Avenue, S. W., Pacific, WA 98047.